



## **How to implement your NDIS plan:**

Let's explore an NDIS plan and help to make sense of the funding included.

## Acknowledgement of Country

I would like to begin today by acknowledging the Traditional Custodians of the land on which we meet today, and pay my respects to their Elders past, present and emerging. I extend that respect to Aboriginal and Torres Strait Islander peoples here today.



## Tonight's topic:

Tonight we are going to be talking about implementing your NDIS plan including:

- Where to find your NDIS plan
- What is included in your NDIS plan
- The different funding categories ( Core, Capacity Building and Capital)
- Plan flexibility ( STATED and in kind supports )
- The different ways to manage an NDIS plan and how it impacts the way you use the funding.
- Service Agreements/ Service bookings
- How to decide what to spend your funding on?
- Questions



## You have your new plan, now what happens?

Once you have received your new plan in the mail and you open it, it can look very confusing and make very little sense. Tonight we are going to break down an NDIS plan and go through each of the categories and help to explain it properly.



## Where do I find my NDIS plan?

During the planning meeting with the LAC ( Local Area Coordinator ) or the Early Childhood Coordinator they would have asked you how you would like to receive the plan ( generally via post or email). You can also access it through your participant portal:



## What's included in my NDIS plan?

An NDIS plan should be based on the planning conversation that you had with your LAC, Planner or Early Childhood Coordinator and will include the following:

1. Information about you
2. Your informal, mainstream and community supports.
3. Your goals
4. Funded supports ( in funding categories CORE, CAPACITY BUILDING and CAPITAL)



## How is the funding structured?

There are three support categories and a number of sub categories:

**CORE:** Think of this budget being the budget for daily activities including support workers, day programs and low cost assistive technology/ consumable items and transport.

**CAPACITY BUILDING:** Think of this budget being the budget for therapies and for capacity building supports/ programs.

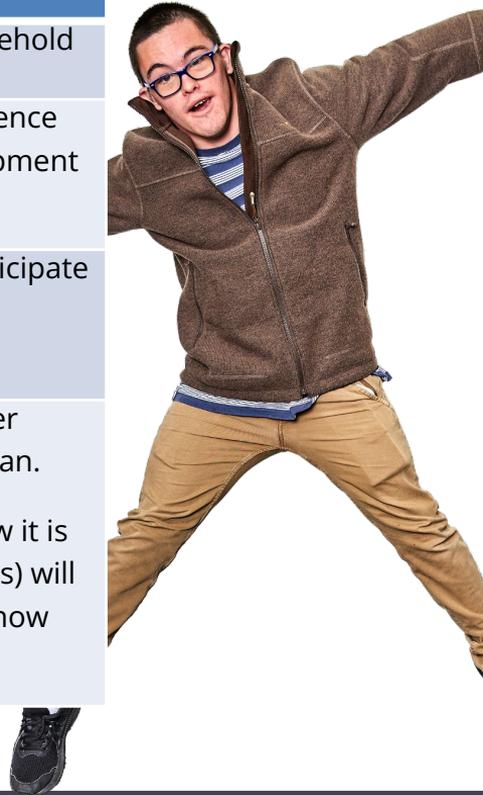
**CAPITAL:** This is the budget where mid and high cost items are in as well as home modifications and car modifications.

Note: Not everyone gets funding in all categories and sub categories. The funding is determined based on recommendations made by providers and the delegates approving that as they have found it meets legislation ( mainly section 34).



## CORE and its sub categories:

In your plan	In the myplace portal	Description
Assistance with Daily Life	Daily Activities	For example, assistance with everyday needs, household cleaning and/or yard maintenance.
Consumables	Consumables	Everyday items you may need. For example, continence products or low-cost assistive technology and equipment to improve your independence and/or mobility.
Assistance with Social & Community Participation	Social, community and civic participation	For example, a support worker to assist you to participate in social and community activities.
Transport	Transport	<p>This is support that helps you travel to work or other places that will help you pursue the goals in your plan.</p> <p>How you can spend your transport funding and how it is paid to you (whether upfront or in regular payments) will be different for each person. Your LAC will explain how you can use this budget.</p>



## CAPACITY BUILDING and its subcategories:

In your plan	In the myplace portal	Description
Support Coordination	Support Coordination	This is a fixed amount for a Support Coordinator to help you use your plan.
Improved Living Arrangement	CB Home Living	Support to help you find and maintain an appropriate place to live.
Increased Social & Community Participation	CB Social Community and Civic Participation	Development and training to increase your skills so you can participate in community, social and recreational activities.
Finding & Keeping a Job	CB Employment	This may include employment-related support, training and assessments that help you find and keep a job, such as the school leaver employment supports.
Improved Relationships	CB Relationships	This support will help you develop positive behaviours and interact with others.
Improved Health & Wellbeing	CB Health and Wellbeing	Including exercise or diet advice to manage the impact of your disability. The NDIS does not fund gym memberships.
Improved Learning	CB Lifelong Learning	Examples include training, advice and help for you to move from school to further education, such as university or TAFE.
Improved Life Choices	CB Choice and Control	Plan management to help you manage your plan, funding and paying for services.
Improved Daily Living	CB Daily Activity	Assessment, training or therapy to help increase your skills, independence and community participation. These services can be delivered in groups or individually.

## CAPITAL and its subcategories:

In your plan	In the myplace portal	Description
Assistive Technology	Assistive Technology	This includes equipment items for mobility, personal care, communication and recreational inclusion such as wheelchairs or vehicle modifications.
Home Modifications	Home Modifications	Home modifications such as installation of a handrail in a bathroom, or Specialist Disability Accommodation for participants who require special housing because of their disability.



## How do I know which parts of my plan are flexible?

- **Core supports - most flexible budget**
  - In most cases, you can use funding from one category across any of the other categories, whereas you are unable to do this in capacity building or capital budgets.
- **Stated supports - not flexible**
  - This means the funding has been allocated for a specific service, or product and you can't use this funding for something else. You cannot swap stated supports for any other supports.
- **In-kind supports - pre-paid**
  - It means the service has already been paid for by your state, territory or federal government. When you use an in-kind service, the existing provider will deliver your in-kind supports and you will not need to pay from them with your NDIS plan funds.
- **Quote required**
  - Where a support is listed as quote required, you will need to provide us with additional information such as quotes and/or specialist reports before funding can be made available in your plan.



## How does the way I manage my plan impact the way I can use it?

I can...	Self-managed	Plan-managed	NDIA-managed
Have choice and control over the providers I use	Yes	Yes	Yes
Negotiate pricing to pay less than the NDIS Pricing Arrangements and Price Limits	Yes	Yes	Yes
Pay more than the NDIS Pricing Arrangements and Price Limits	Yes	No. Providers delivering supports to a participant using a Plan Manager cannot charge more than the NDIS Pricing Arrangements and Price Limits.	No. Providers delivering supports to a participant whose plan is managed by the NDIA cannot charge more than the NDIS Pricing Arrangements and Price Limits.
View my plan on the myplace portal or my NDIS app to keep track of my budget	Yes	Yes	Yes
Manage book-keeping and records of my spending	Yes	No. Your Plan Manager will do this for you.	No. The NDIA will do this for you.

## Service agreements vs Service bookings?

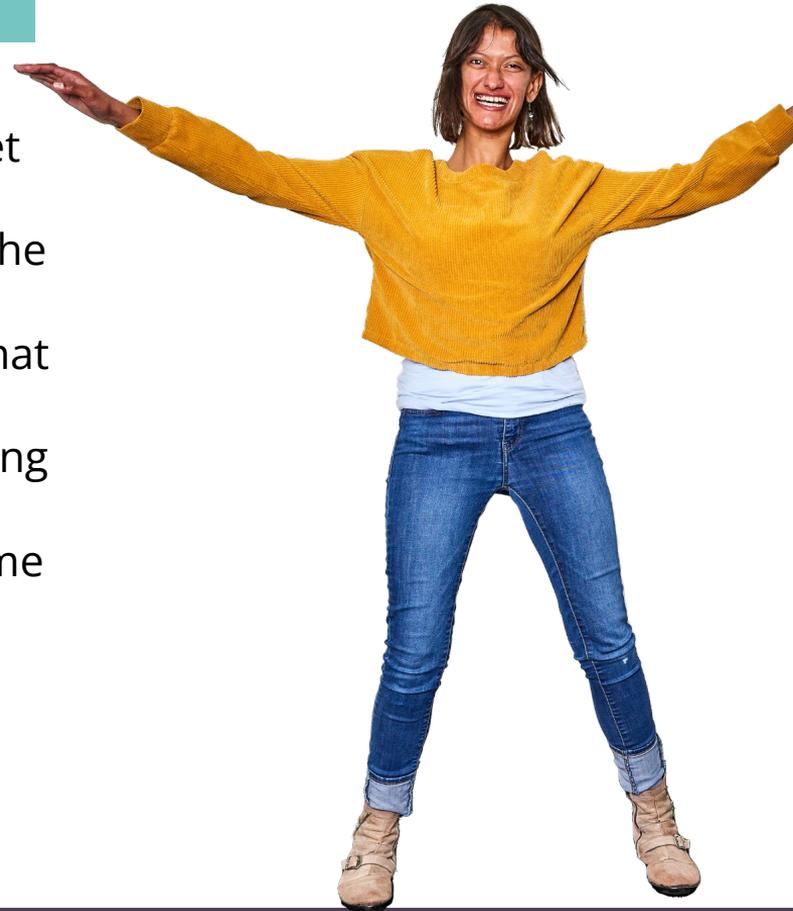
**A service agreement:** A service agreement is a agreement between you and the provider and states the information such as the cost of service, cancellation policy, duration of service, what the service includes and the rights and the responsibilities of the provider and the participant. It is encouraged to have a service agreement in place when using an NDIS provider.



## Service agreements vs Service bookings?

**A service booking:** Service bookings are used to set aside funding for an NDIS registered provider for a support they will deliver. Service bookings are not the same as service agreements.

A service booking should only cover the supports that you and your provider have agreed to. Registered providers claim payments against the service booking on the myplace portal. A service booking will show the type of support to be provided, the length of time it is needed, and sets aside funding to pay for the support or service.



## What can you spend your money on?

Question	Yes/No
1. Will the support help you to pursue the goals in your NDIS plan?	
2. Is the cost of the support reasonably priced and is it the best value for money compared to other supports?	
3. Can you afford the support within your approved NDIS budget? Remember, your funding needs to last the entire period of your plan.	
4. Will the support help you find or keep your job, help with your education, improve how you connect to your local community and improve the relationships you have with family and friends? It should not replace supports that would usually be provided by family, friends and within your community.	
5. Is the support something that should be funded by other government services instead? For example, dental, health or hospital services, education, housing and public transport.	
<i>Note: the NDIS will fund some supports, such as disability-related health services, where they are part of the participant's daily life and result directly from the participant's disability. Remember, all communities should have facilities and activities that are inclusive and accessible to people with disability.</i>	
6. Will the support help you to participate in activities with friends and other members of your community, or help you to find or keep a job?	

Questions?



## What's coming up?

### 6 December:

- 'Ask Alex' - Live NDIS Q&A. This will be an opportunity to bring your NDIS related questions to the session and we can all have a very open and informal chat.

### 24 January:

- Feedback and advocacy.

Sign up at: <https://fightingchance.org.au/events/>



## What next?

Stay up to date:

1. [NDIS newsletter](#)
2. [Fighting Chance NDIS newsletter](#)
3. [Team DSC newsletter](#)





Questions?

